

# The Case for Working with Your Hands

or Why Office Work is Bad for Us  
and Fixing Things Feels Good

Matthew Crawford

PENGUIN BOOKS

# Contents

*Preface to the UK edition* ix

*Introduction* 1

1. A Brief Case for the Useful Arts 11
2. The Separation of Thinking from Doing 37
3. To Be Master of One's Own Stuff 54
4. The Education of a Gearhead 72
5. The Further Education of a Gearhead:  
From Amateur to Professional 103
6. The Contradictions of the Cubicle 126
7. Thinking as Doing 161
8. Work, Leisure, and Full Engagement 180

*Concluding Remarks on Solidarity and Self-Reliance*

*Acknowledgments* 211

*Notes* 215

*Index* 239